

Bhutan-focused COVID-19 publications, 2020-2024: A Scopus-based bibliometric analysis

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ABSTRACT

Background: The COVID-19 pandemic stimulated unprecedented global research activity. Bhutan, despite its small population and limited research infrastructure, contributed to the COVID-19 related literature. This study aimed to analyse Bhutan-focused COVID-19 research productivity and scholarly publications using bibliometric analysis. **Methods:** Publications published between 2020 and 2024 were retrieved from Scopus and analysed using Microsoft Excel 2019 and VOSviewer version 1.6.20. **Results:** A total of 60 publications were identified. Research output increased significantly over time, from 6 publications (10%) in 2020 to 18 publications (30%) in 2021, reflecting heightened research engagement during the early phase of the pandemic. The Asia-Pacific Journal of Public Health published the highest number of publications. 18 publications (30%) remained uncited, and 9 publications (15%) received 10 or more citations. Bhutan-focused COVID-19 publications emphasised how Gross National Happiness principles and cultural values guided the country's public health response to the pandemic. **Conclusion:** Bhutan-focused COVID-19 publications demonstrated a timely and collaborative research response to the pandemic. While the publication output and uptake of open-access publishing were encouraging, citation impact remained modest. Increasing research visibility, dissemination, and the inclusion in database indexes may help strengthen the impact of Bhutan-focused research in the future.

Keywords: Bhutan; Bibliometrics; COVID-19; Research Productivity; Research Trends

INTRODUCTION

The COVID-19 outbreak rapidly spread across the globe and the World Health Organization declared it a pandemic on March 11, 2020^{1,2}. This unprecedented crisis tested healthcare systems, economic sustainability, and government policies globally³⁻⁵. In the wake of the global COVID-19 pandemic, the scientific community witnessed an unprecedented surge in research and publications, reflecting the urgent need for understanding, managing, and combating the virus⁶⁻¹⁰. Scholars worldwide produced a significant body of literature on COVID-19 and its multifaceted impacts^{11,12}. Bhutan emerged as a unique case in its approach to the pandemic^{13,14}. With its distinctive socio-cultural context, deep spiritual efforts, and stringent public health measures, Bhutan adopted a range of strategies to prevent and control the spread of COVID-19¹⁴⁻¹⁷.

Bhutan-focused COVID-19 research has been conducted by Bhutanese and international scholars through independent and collaborative efforts. There is yet no comprehensive bibliometric analysis of this set of publications. Such an analysis can provide valuable insights into how scholars explored and examined

various aspects of the pandemic. Therefore, this study aimed to provide a comprehensive bibliometric analysis of Bhutan-focused COVID-19 research by examining publications trends, authorship patterns and productivity, productive journals, institutional productivity, collaboration networks, citation impact, keyword trends, and dominant research themes.

MATERIALS AND METHODS

Study design

The study employed a retrospective bibliometric study to quantitatively analyse the publication characteristics and research trends of Bhutan-focused COVID-19 literature published between 2020 to 2024. The study was conducted in accordance with established bibliometric analysis guidelines¹⁸⁻²⁰.

Data Source

Scopus was selected because it includes a large collection of biomedical and health-related publications, and it is well suited for bibliometric analysis. Scopus is accessible to eligible institutions in Bhutan through the Research4Life partnership programs.

Search strategies

The search strategy employed the following search terms:

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(COVID OR COVID-19 OR COVID19 OR novel OR CORONA* OR 2019-nCoV OR nCoV2019 OR SARS-CoV-2 OR pandemic) AND (Bhutan*). These search terms were used to create a broad search and maximise the retrieval of Bhutan-focused COVID-19 publications. These terms were selected because they represent the most commonly used keywords appearing in COVID-19 related publications and the search strategy was informed by previous bibliometric studies of COVID-19 that used a similar combination of terms^{22-24,26,36}.

The search was conducted on 08 April 2025. The search applied keywords to the title, abstract, and keyword search fields. The search was limited to publications published between 2020 and 2024 and written in English. No other filters were applied to maximise the retrieval of relevant publications. A total of 232 records were retrieved and exported from Scopus in Comma-Separated Values (CSV) format. The data were saved in CSV and Microsoft Excel formats for analysis.

Publication selection

The titles and abstracts of all retrieved records were screened by both authors for relevance. Records retrieved were included if they covered both topics, COVID-19 and Bhutan, or if Bhutan was a component of the study context in a multi-country study, regional analysis, or comparative study. Publications that were not directly related to Bhutan and COVID-19 were excluded. Both authors reviewed and approved the final selection of documents. The flow diagram in Figure 1 presents the publication

screening and selection process. After screening, a final corpus of 60 publications was included for the bibliometric analysis.

Analysis

Microsoft Excel 2019 was used to analyse total publications, publication by document types, authorship patterns, author productivity, and citation metrics. VOSviewer version 1.6.20 was used to analyse institutional productivity, country collaboration network, and keyword analysis.

Ethics statement

Ethical clearance was sought from the Institutional Review Board (IRB), Khesar Gyalpo University of Medical Sciences of Bhutan (KGUMSB). The ethical review exemption (PN24-044/1410 dated 30 December 2024) was granted by IRB, KGUMSB since the study involved review of literature with no direct contact with human subjects.

RESULTS

Total publications

As presented in Table 1, there were 6 publications in 2020, the first year of the COVID-19 pandemic. In 2021 and 2022, the number of publications increased threefold to 18 and 17 respectively. In 2023 and 2024, as the world began to emerge from pandemic conditions, publication numbers dropped to 12 and 7 respectively.

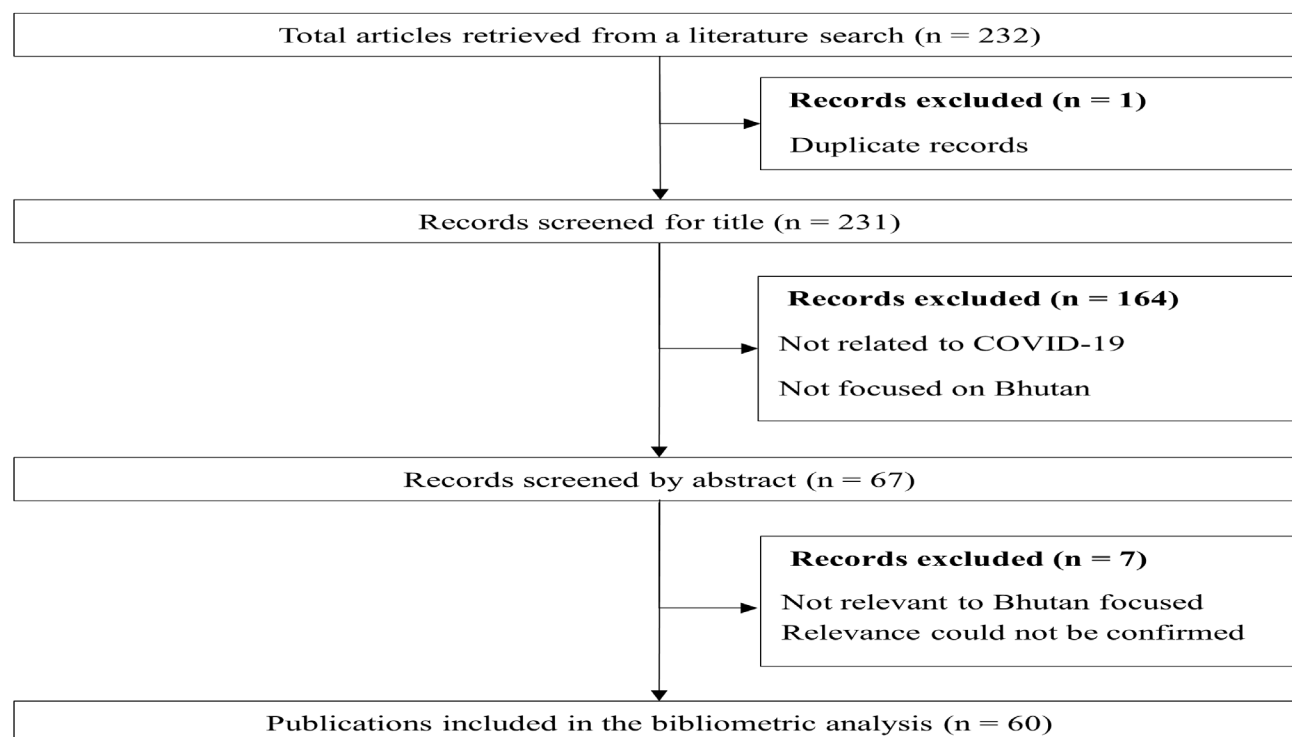


Figure 1: Flow diagram of publication identification, screening and selection for the bibliometric analysis

The first publication was an article published in June 2020, titled “Case report: The first case of COVID-19 in Bhutan” by Shankar LeVine et al. and published in the *American Journal of Tropical Medicine and Hygiene*. It reported the country’s first case of COVID-19, which was detected on March 5, 2020¹ when a tourist was diagnosed with the virus after he arrived in the country²⁵. Subsequently, people were required to maintain physical distance in all public places, and leisure travel within the country was restricted¹. Other publications from 2020 discussed the country’s multifaceted response to the pandemic correlating its evolution and impact. These publications reported nationwide

lockdowns, adaptations in healthcare delivery, the return of medical professionals from abroad, and the shift to online education.

Table 2 presents the different document types; the most common was an article. There were 38 articles, constituting 63.3% of the corpus.

Authorship patterns and author productivity

As presented in Table 3, the most common authorship pattern was two-author publications, accounting for 16 publications (26.7%). We analysed author productivity based on the number of first-authored publications (Table 4). Author names and Scopus Author ID were reviewed to enable accurate attribution, and authors with identical names were distinguished using their institutional affiliations and publication records. Thinley Dorji (Scopus Author ID: 57211951182) was the most productive author with 4 publications comprising 2 articles, 1 review, and 1 note. Four authors had 3 publications each, while one author had 2 publications. Among the top six authors, four had published their

Table 1. Bhutan focused COVID-19 total publications from 2020 - 2024 (n = 60)

Year	Total publications, n(%)
2020	6 (10)
2021	18 (30)
2022	17 (28)
2023	12 (20)
2024	7 (12)

Table 2. Total publications by document types

Document Types	Total Publications	Percentage
Article	38	63.3
Book chapter	10	16.7
Letter	4	6.7
Review	3	5.0
Note	3	5.0
Conference paper	2	3.3

Table 3. Distribution of publication by authorship pattern

Authorship Pattern	Total Publications	Percentage
1 Author	12	20.0
2 authors	16	26.7
3 authors	7	11.7
4 authors	8	13.3
5 authors	6	10.0
6 authors	5	8.3
7 authors	3	5.0
9 authors	2	3.3
11 authors	1	1.7

Table 4. Author productivity based on first-authored publications

Author	Author ID	Total Publications	Rank	Publication Types (Year)
dorji, thinley	57211951182	4	1	Article (2020), Review (2021), Article (2021), Note (2021)
tamang, saran tenzin	57221371037	3	2	Article (2021), Article (2021), Note (2022)
tsheten, tsheten	57192808608	3	2	Letter (2021), Article (2022), Review (2023)
tshokey, tshokey	56610328400	3	2	Article (2021), Article (2021), Article (2022)
gyeltshen, dawa	57217927091	3	2	Letter (2020), Article (2022), Article (2022)
gyeltshen, kinley	55201322200	2	3	Article (2021), Article (2023)

first-authored publication as an article, while two had published letters. Collectively, the top six authors produced 11 articles, 3 reviews, 2 notes, and 2 letters.

Most productive journals

In terms of the most productive journals, ones that published the highest number of publications, Table 5 shows that *Asia-Pacific Journal of Public Health*, *American Journal of Tropical Medicine and Hygiene*, *Population Medicine*, *International Journal of Environmental Research and Public Health*, *Bhutan Health Journal*, *Frontiers in Public Health*, and *PLOS ONE* were the top seven. The rest of the journals have one publication each. Most publications were published in public health and medicine-related journals. The *Bhutan Health Journal* (BHJ) was the only journal from Bhutan among the 60 publications analysed and was also among the most productive journals, with two publications. Notably, any COVID-19 related publications in BHJ that were published before April 2024 were not retrievable through Scopus because Scopus only included the journal for indexing starting in April 2024. BHJ was represented for only the final nine months of the study period, which means it is possible that more than three years of COVID-19 related publications from the journal were excluded from this study.

Table 5. Most productive journals

Rank	Journal	Publications
1	Asia-Pacific Journal of Public Health	5
2	American Journal of Tropical Medicine and Hygiene	3
3	Population Medicine	3
4	International Journal of Environmental Research and Public Health	3
5	Bhutan Health Journal	2
6	Frontiers in Public Health	2
7	PLOS ONE	2

Institutional productivity

Institutional productivity was analysed in VOSviewer using co-authorship analysis, with organisations as the unit of analysis and the full counting method. The minimum number of documents and citations per organisation were set to 2 and 1 respectively. Under the full counting method, each institution received one publication credit for every publication in which it appeared as an author affiliation, regardless of the number of collaborating institutions. Institutional affiliations were manually reviewed and standardised to enable consistency across records. Based on these criteria, 14 of the 91 organisations met the threshold. As presented in Table 6, Jigme Dorji Wangchuck National Referral Hospital

was the most productive institution, with the highest number of publications (17), citations (114), and total link strength (19). Among the 14 institutions meeting the threshold, 9 were from Bhutan, 2 in Australia and one each from the United Kingdom, the Philippines, and India.

Country collaboration network

Country network was analysed in VOSviewer using co-authorship analysis, with countries as the unit of analysis and the full counting method. Under the full counting method, each country received one publication credit for every publication in which at least one author was affiliated with that country, regardless of the number of collaborating countries. The minimum number of documents per country was set to 1. 17 countries met the threshold but only 12 countries formed the largest connected collaboration network and were included in the visualisation (Figure 2). In the VOSviewer network visualisation, the size of each circle represents the number of publications and colors indicate collaboration clusters. The lines between countries represent co-authorship links, with thicker lines indicating stronger collaborative relationships between countries²⁶.

Citation analysis

These 60 publications have been cited 269 times (Table 7). 15% (n=9) of publications have been cited 10 or more times. 30% (n=18) have not been cited. As presented in Table 8, publications published in 2021 accounted for the highest number of citations (n=159). The median citation count was 2 and the interquartile range (IQR) was 0-5.25, and the publication corpus had an h-index of 9. Table 9 presents the top 10 cited publications and focus on Bhutan's response to COVID-19, addressing public health

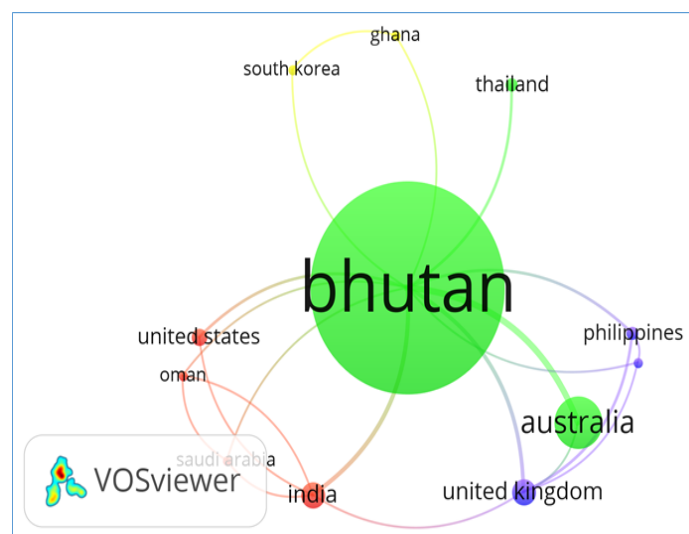


Figure 2. Network visualisation of country collaboration The network comprises of 12 items grouped into 4 clusters, with 21 links and a total strength of 43.

Table 6. Most productive institutions by total publications

Rank	Country	Institution	Total Publications	Total Citations	Total Link
1	Bhutan	Jigme Dorji Wangchuck National Referral Hospital, Thimphu	17	114	19
2	Bhutan	Ministry of Health, Thimphu	10	55	15
3	Bhutan	Royal Centre for Disease Control, Thimphu	8	36	13
4	Bhutan	Kidu Mobile Medical Unit, His Majesty's People's Project, Thimphu	7	46	12
5	Bhutan	Central Regional Referral Hospital, Gelephu	7	38	11
6	Bhutan	Eusa Hospital, Wangdue Phodrang	4	6	6
7	United Kingdom	Department of Global Health and Development, London School of Hygiene Tropical Medicine	2	2	4
8	Philippines	Faculty of Management and Development Studies, University of The Philippines Open University	2	2	4
9	Bhutan	Samtse General Hospital, Samtse	2	13	4
10	Australia	Telethon Kids Institute, Nedlands	2	15	4
11	India	Department of Internal Medicine, Armed Forces Medical College, Maharashtra University of Health Sciences	2	8	3
12	Australia	Faculty of Health Sciences, Curtin University	2	26	3
13	Bhutan	Phuentsholing General Hospital, Chukha	2	3	3
14	Bhutan	Khesar Gyalpo University of Medical Sciences of Bhutan, Thimphu	2	6	1

Table 7. Distributions of publications by citation count

Citation Count	No. of Publications	% of Publications	Total citation
0	18	30.0%	0
1	8	13.3%	8
2	8	13.3%	16
3	4	6.7%	12
4	4	6.7%	16
5	3	5.0%	15
6	1	1.7%	6
7	4	6.7%	28
9	1	1.7%	9
10	2	3.3%	20
13	2	3.3%	26
16	1	1.7%	16
17	1	1.7%	17
19	1	1.7%	19
28	1	1.7%	28
33	1	1.7%	33
Total	60	100%	269

Table 8. Citations by publication year

Year	No. of Publications	Total Citations
2020	6	40
2021	18	159
2022	17	50
2023	12	19
2024	7	1
Total	60	269

strategies, vaccination efforts, digital adaptation, and community engagement. Notably, the top 10 most cited publications were all published in 2021 and 2022. Their higher citation counts may be due to their earlier publication, which gave them more time to accumulate citations (and to be discovered and read, and to influence others) than more recent publications.

Keyword analysis

Keyword co-occurrence analysis was conducted in VOSviewer using all keywords and author keywords, with the full counting method applied. For the all-keywords analysis, minimum

Table 9. Top 10 most cited publications

Author full names	Title	Year	Source title	Vol	Issue	Cited by
Khan, Shad Ahmad; Epoc, Ferdinand; Gangwar, Veer; Ligor, T. Antony A; Ansari, Zaid Ahmed	Will online banking sustain in Bhutan post COVID-19? a quantitative analysis of the customer e-satisfaction and e-loyalty in the Kingdom of Bhutan	2021	Transnational Marketing Journal	9	3	33
LeVine, Shankar; Dhakal, Guru Prasad; Penjor, Tshering; Chuki, Pem; Namgyal, Kesang; Tshokey; Watts, Melanie	Case report: the first case of COVID-19 in Bhutan	2020	American Journal of Tropical Medicine and Hygiene	102	6	28
Dorji, Thinley; Tamang, Saran Tenzin	Bhutan's experience with COVID-19 vaccination in 2021	2021	BMJ Global Health	6	5	19
Rocha, Ian Christopher N.	Employing medical anthropology approach as an additional public health strategy in promoting COVID-19 vaccine acceptance in Bhutan	2021	International Journal of Health Planning and Management	36	5	17
Dorji, Thinley	Perspective piece: The Gross National Happiness framework and the health system response to the COVID-19 pandemic in Bhutan	2021	American Journal of Tropical Medicine and Hygiene	104	2	16
Tsheten, Tsheten; Wangchuk, Sonam; Wangmo, Dechen; Clements, Archie C. A; Gray, Darren J; Wangdi, Kinley	COVID-19 response and lessons learned on dengue control in Bhutan	2021	Journal of Medical Entomology	58	2	13
Penjor, Kinley; Tobgyal; Zangpo, Tandin; Clements, Archie C. A.; Gray, Darren J.; Wangdi, Kinley	Has COVID19 derailed Bhutan's national malaria elimination goal? A commentary	2021	Malaria Journal	20	1	13
Tamang, Saran Tenzin; Lhendup, Karma; Dorji, Thinley	Control of travel-related COVID-19 in Bhutan	2021	Journal of Travel Medicine	28	7	10
Dorji, Thinley; Wangmo, Karma; Yezer; Wangchuk, Tashi; Tshokey; Wangdi, Kinley	Knowledge, attitude, and practice toward COVID-19 among Sherubtse college students in Bhutan: a web-based cross-sectional study	2021	Frontiers in Public Health	9		10
Tsheten, Tsheten; Tenzin, Phurpa; Clements, Archie C. A.; Gray, Darren J.; Ugyel, Lhawang; Wangdi, Kinley	The COVID-19 vaccination campaign in Bhutan: strategy and enablers	2022	Infectious Diseases of Poverty	11	1	9

occurrences of a keyword of 10 were applied. Of 537 keywords, 14 met this threshold (Fig 3). The top five all-keywords were Bhutan (46), covid-19 (40), human (31), humans (26), and coronavirus disease 2019 (21) occurrences. For the author-keyword analysis, the minimum occurrences of a keyword of 2 were applied. Of 154 keywords, 19 met the threshold (Fig 4). The top five author keywords were Bhutan (28 occurrences), covid-19 (21), sars-

cov-2 (5), pandemic (4), and public health (3).

Themes analysis based on abstract review

The keyword co-occurrence analysis suggested publications were predominantly health related. To further explore the thematic focus of the publications, the abstracts of the corpus

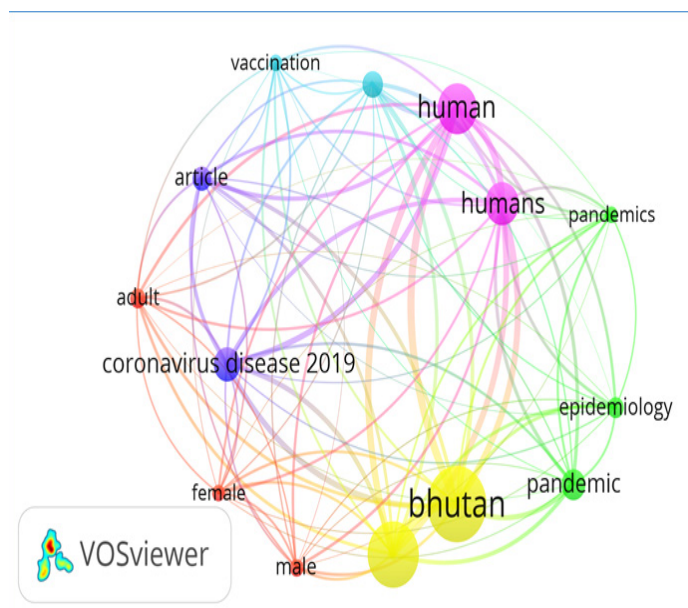


Figure 3. Network visualisation of all keyword analysis
The network comprises 14 keywords grouped into 6 clusters, with 91 links and a total link strength of 963.

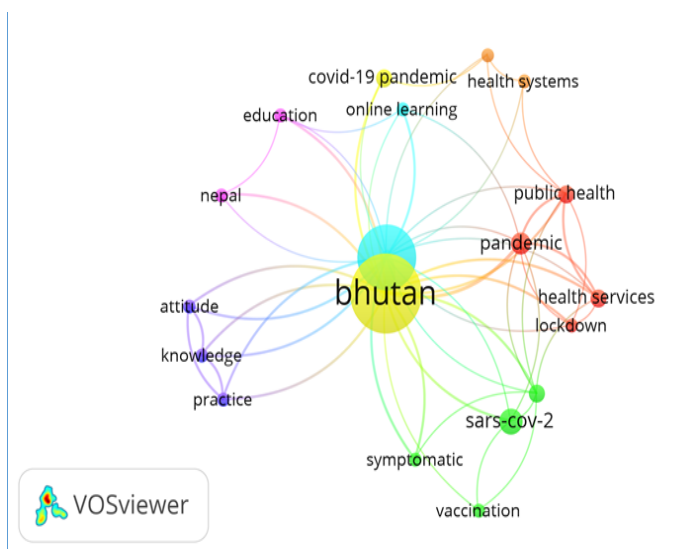


Figure 4. Network visualisation of author keyword co-occurrence
The network comprises 19 keywords grouped into 7 clusters, with 56 links and a total link strength of 96.

were reviewed. In addition to the health sector, a smaller number of publications covered other pandemic-affected sectors such as education, banking, and tourism, which indicates that there was some multidisciplinary research activity in response to the pandemic.

The health sector's research themes focused on the

handling of the index case of a COVID-19 patient, integrating cultural and religious practices into public health strategies, such as using auspicious timing and Buddhist astrology for vaccine rollout, and conducting prayer ceremonies to enhance community acceptance. It also covered the principles of Gross National Happiness, guiding the implementation of public health measures such as facility quarantine, quarantine periods, free testing and treatment, contact tracing, and zoned travel restrictions within communities. Other themes included mental health impacts, tele-counseling services, transmission dynamics, disruption to routine healthcare services, secondary health effects, and environmental concerns associated with facemask waste.

In the education sector, publications examined the transition from face-to-face teaching to online learning during the pandemic. Studies highlighted the adoption of digital learning platforms to maintain educational continuity and reported appropriate COVID-19 preventive practices among students. However, challenges such as poor internet connectivity, limited digital infrastructure, and server overload constrained the effectiveness of online learning, particularly in rural areas.

In the banking sector, publications highlighted the accelerated adoption of digital financial services, with customer satisfaction and e-service quality identified as key factors influencing their continued use. From the tourism sector, publications examined the severe impacts of the pandemic on tourism operators, local communities, and international travel. Studies highlighted fiscal relief measures, alternative livelihood opportunities, sustainable tourism practices, and digital transformation as important strategies for recovery and long-term resilience.

DISCUSSION

During and post-pandemic, several studies related to COVID-19 have been conducted in multidisciplinary fields²⁸⁻³². Researchers worldwide embarked on intense research efforts from the onset of the pandemic and publications increased over time³⁰. Subsequently, numerous bibliometric analyses have been conducted to obtain valuable information about the publications related to COVID-19^{26,33-36}. Our analysis showed that publication peaked in 2021 and 2022, consistent with global trends showing an exponential growth in COVID-19 related publications during the same period⁴⁰⁻⁴². The rapid increase in publications likely reflects the urgent demand for evidence to support public health decision-making, clinical management, vaccination strategies, and broader pandemic response measures during the pandemic^{29,37-39}.

In Southeast Asia, a bibliometric study examined COVID-19 research trends and collaborations from 2020 to 2021¹¹. For comparison with that study¹¹, our study examined publication output from the same period and found 24 publications, 6 in 2020 and 18 in 2021. In contrast, fewer than

10 publications in total were reported from Cambodia, Myanmar, and Laos combined and none identified from Timor-Leste. These are countries that, at the time, shared the United Nations Least Developed Countries status with Bhutan. This comparison suggests that Bhutan demonstrated a relatively strong research response during the early phase of the pandemic. The international collaboration patterns observed in our study are consistent with that study's findings¹¹, which reported extensive research partnerships within and outside Southeast Asia. Similarly, our study's analysis showed that Bhutanese scholars collaborated with international researchers and contributed to Bhutan-focused COVID-19 publications, highlighting the important role of international partnerships in facilitating knowledge exchange, resource sharing, and the conduct of collaborative research.

Previous bibliometric studies of Bhutan's research output have reported citation metrics^{43,44}, but there are no bibliometric studies of COVID-19 publications related to Bhutan. This study provided an assessment of citation performance of Bhutan-focused COVID-19 publications and found a relatively modest citation impact. The relatively low citation counts observed in this study can be associated with many of the structural factors that have been reported⁴⁵⁻⁴⁸ to affect visibility and recognition of research from the Global South, including disparities in research funding, limited representation within major bibliographic databases, and database indexing practices.

An additional observation from this study was that the majority (n=9) of the top 10 cited publications (90%) were published as Open Access (OA) publications. This finding is consistent with previous research suggesting that OA publications benefit from greater visibility, accessibility, and dissemination, which may contribute to higher citation rates⁴⁹⁻⁵¹. During the COVID-19 pandemic, many publishers temporarily expanded open-access policies and made COVID-19 related research freely available to support the rapid dissemination of scientific evidence⁵². This global shift towards greater accessibility may partly explain the high proportion of OA publications observed in our study. In addition to the predominance of OA publications among the most cited publications, 10 of the 11 articles (document type) published by the six most productive first-authors, all of whom were Bhutanese scholars, were published as OA, indicating substantial uptake of OA publishing among Bhutanese researchers. However, evidence for the Open Access Citation Advantage remains inconsistent and inconclusive. While studies^{53,54} have reported higher citation rates for OA publications, other studies⁵⁵⁻⁵⁸ have found that any citation advantage is inconsistent across disciplines, publication types, and publishing models. Although this study did not examine the relationship between OA publishing models and citation counts, the high proportion of OA publications among the most cited and by the most productive first authors suggests that OA publishing may be associated with greater visibility, dissemination, and citation performance of Bhutan-focused COVID-19 research.

LIMITATIONS

The main limitation is with regard to the creation of the corpus for analysis. The retrieval was limited to one database, Scopus, which the authors had access to through the Research4Life programs. Including Web of Science would possibly have identified additional publications and made a larger corpus. However, the authors did not have access to this database. Another limitation is that the search strategy might have omitted a relevant keyword and might have missed publications that were within the scope of the study and might have contributed to different claims and conclusions.

Another effect of limiting the search to Scopus is that it also omits local and regional publications that are not indexed in Scopus. This includes any articles published in the *Bhutan Health Journal* before it was added to Scopus indexing. Grey literature and reports were not retrieved; therefore, these sources are not represented in our corpus and are absent from this analysis. Citation-based indicators are time-dependent, and therefore, the total publications, most productive journals, institutional rankings, top-cited publications and citation metrics will change over time.

CONCLUSIONS

This analysis identified that collaborative research response and publications were primarily focused on public health and clinical themes and demonstrated strong uptake of OA publishing. Despite these positive indicators, the overall citation impact was modest, and a number of publications have not been cited. These findings suggest that, while Bhutanese researchers make contributions to the scientific literature, challenges remain in the dissemination and scholarly impact of their work. Increasing the visibility and recognition of local research outputs and expanding its presence within the indexing databases may enhance their impact in the future.

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Following authors have made substantial contributions to the manuscript as under:

PN: Concept, design, data collection, analysis, manuscript writing & review

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Authors agree to be accountable for all respects of the work in ensuring that questions related to the accuracy and integrity of any part of the work are appropriately investigated and resolved.

CONFLICT OF INTEREST

None

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